

SHORT TERM ESC PROJECT

ECOLOGY AS A LIFESTYLE



DATE: 25.09-13.11.25
LOCATION: SREDNOGOROVO,
BULGARIA



PROJECT SUMMARY

This short-term ESC project enables volunteers to participate in our organization's activities and cooperate with other institutions in order to organize local events.

The project will take place in the town of Kazanlak (Bulgaria) and Srednogorovo village. It will be dealing with:

Outdoor activities in an ecocentre "Green Europe", which will conduct ecotechnologies such as composting, upselling, and others as repairing some stuff, painting, creating walls from old car tires and natural resources. Strengthening land masses, mulching, building raised beds, planting and take care of different crops and trees, and building a dikes. Organizing discussions in the local schools focused on ecology.

Shooting and screening of eco movies.
Organizing events with the local community.
Cleaning nature (collecting trash) in the area.

PARTICIPANTS

Age: between 18-30

EU countries: Austria, Belgium, Bulgaria, Croatia, Cyprus, Czechia, Denmark, Germany, Estonia, Finland, France, Greece, Hungary, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden.

Countries associated to the Programme

Iceland, Liechtenstein, North Macedonia, Türkiye.

Countries not associated to the Programme

Albania, Algeria, Armenia, Azerbaijan, Belarus, Bosnia and Herzegovina, Egypt, Georgia, Israel, Jordan, Kosovo, Lebanon, Libya, Moldova, Montenegro, Morocco, Norway, Palestine, Russia, Serbia, Syria, Tunisia, Ukraine.



PLACE & ACCOMMODATION

Our organization created an eco-centre. There we can show various techniques like an environmentally friendly lifestyle. It will include a lot of demonstrations, workshops, and good practices, in front of kids from the local schools in order to build an ecological way of thinking for the future generation. The volunteers will be accommodated in the eco-centre in the village of Srednogorovo (13 kilometres away from the city of Kazanlak) where all the volunteers will live together. The house has one big living room together with a kitchen and 3 bedrooms. Volunteers will be accommodated 4 people in one room. There are 1 toilet and 2 bathrooms with toilets in the house. You can see photos from the center here <https://maps.app.goo.gl/sRWHqKrTUfHMaEpG8>



HOW TO REACH KAZANLAK

1. From Sofia Airport to the city centre

- Please keep in mind that only Terminal 2 (the newer and bigger one) is connected to the metro line. From Terminal 1 you should take a bus to the city centre or the free airport shuttle to Terminal 2.
- A single ticket in Sofia costs 1.60 or 2 BGN for one trip, for more info:

<https://www.sofiatraffic.bg/en/common>

2. The best way to go from Sofia to Kazanlak is by bus or train. The buses you can take it from central bus station:

Here you can see the list:

<https://www.centralnaavtogara.bg/>

The trains you can check it here

<https://www.bdz.bg/en>

CURRENCY AND LANGUAGE

The currency in Bulgaria is lev (BGN). Its rate to Euro is fixed (it cannot change), 1 Euro = 1.955 BGN. Normally in Bulgaria you can also pay by card.

The official language of the project will be english. All the workshops and sessions will be implemented in english.



TRAVEL COSTS

Travel costs have a limit depending on the volunteer's country (the amount is pre-established and cannot be changed). Keep all the boarding passes and original tickets from your travel! If you buy one way ticket we will reimburse you when you are in Bulgaria and you give us all tickets. If you have round trip tickets we will pay you half when you come to Bulgaria and half when we have all tickets for back with boarding passes.

MONEY

The financial support in the form of pocket money for the mobility period is an amount of 7 EUR per day which includes 2 days of traveling. The amount of money for food is 290 EUR for 51 days. The budget for food will be given every week to all volunteers together. The money for food will be separated into equal parts for each week. Volunteers should cook together and buy food together, thereby being able to prepare more food for themselves.



CONTACTS

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