



TRAINING COURSE
FOR YOUTH WORKERS

S.O.S.



18-27 APRIL 2023

Pamporovo, Bulgaria

Project summary:

Place

Bulgaria, Pamporovo resort
Pine hills hotel

Participants

All countries members of the
EU, 18+, youth workers

**YDCMA
Bulgaria**



**the
youth
media**

Timing

18.04. 2023 ARRIVAL DAY
27.04.2023 DEPARTURE DAY

About the project

The project aims to develop youth workers' skills and competencies related to first aid, risk management and managing difficult situations.

Three experienced trainers will provide the participants with the necessary information, and will help them enhance their abilities through the methods of non-formal and informal education. After the course, the youth workers will know more about protection of the people they work with, how to prevent risk situations, and how to make the other members of their organizations aware of these issues.



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Previous editions of the project



Place & Acomodation

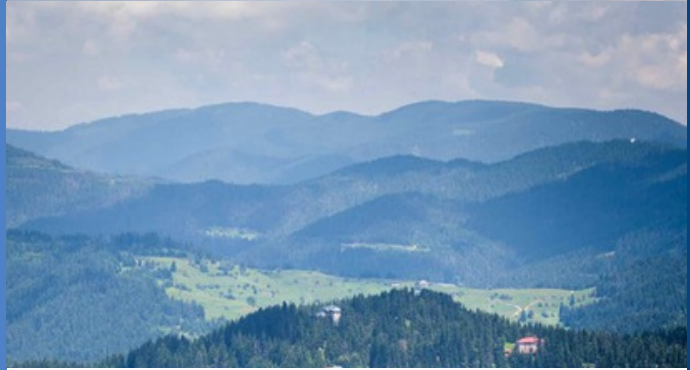
One of the best ski resorts on the Balkan Peninsula, in the heart of the beautiful Rhodope Mountains: Pamporovo

The activities during the project will take place at the Pine Hills complex.

<http://pine-hills.com/>

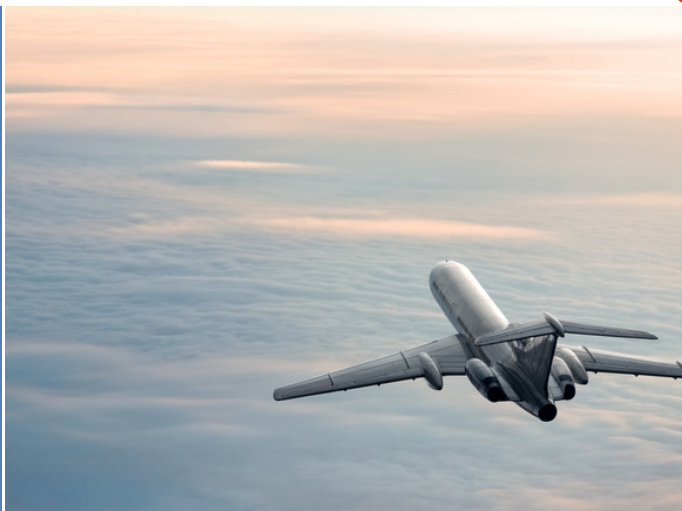
The participants will be accommodated in rooms for 2, 3 and 4 people, each room/apartment with an en-suite bathroom.

The hosting organization will provide the participants with food (3 meals per day). Please inform us in advance if you have any dietary requirements!



How to reach Pamporovo

The best way to go from Sofia to Pamporovo is by bus. You can take it from central busstation of Sofia:
Here you can see the list:
<https://www.centralnaavtogara.bg/index.php?mod=06a943c59f33a34bb5924aaf72cd2995&d=l#b>



Currency

The currency in Bulgaria is lev (BGN). Its rate to Euro is fixed (it cannot change), 1 Euro = 1.955 BGN.



Language

The official language of the project will be english. All the workshops and sessions will be implemented in english.

Аа	Бб	Вв	Гг
Жж	Зз	Ии	Йй
Мм	Нн	Оо	Пп

Transport costs

Participants in training for youth workers can have their travel expenses reimbursed according to Erasmus + travel calculator: <https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

The reimbursement covers only traveling by plane, train and bus metro... Money paid for taxi cannot be reimbursed! Please keep all receipts and invoices with you. Print all your tickets and invoices if the tickets are bought online.

IMPORTANT: You will get your reimbursement after WE HAVE RECEIVED all your travel documents. You will receive your reimbursement money through your sending organization, so you need to inform them about the details of your bank account. We are forced to do this because in the past a lot of participants had delay in sending their boarding passes to us and we were not able to submit our final report on time. If you travel only by bus, we just need your tickets.



What to prepare for the activities:

- Energizers (each day a different national team will perform them)
- Souvenirs, food and drinks typical of your country (for the intercultural nights)
- The details of your personal bank account in your country of residence as well as the details of the bank account of your sending organization (you can ask them for this).
- Good mood !!!



See You Soon in Bulgaria !!!

THE PARTICIPANT IN THE PROJECT
CONFIRMS THAT SHE/HE:

1. Is informed that the training IS NOT AN ACADEMIC PROJECT. The activities will not be of academic nature, i.e. there will not be any lectures neither academic type of discussions. The proposed activities will be only introduction into the topic. The trainers and the experts present during the project are not university lecturers.

2. Is informed that the methods used during the activities are methods of INFORMAL and NON-FORMAL EDUCATION. That means, the participant will be actively involved in the activities. This includes also being on time for all the activities.

3. Agrees with the financial conditions of the reimbursement, more precisely: (1) that the participant will receive her/his reimbursement money through her/his sending organization; (2) that the participant will receive reimbursement only if ALL NEEDED TRAVEL DOCUMENTS (tickets, boarding passes, invoices) have been received by the hosting organization. In case not all of the documents are received, we can reimburse your money only partially (for example, if you send us two tickets, we can reimburse only them); (3) the reimbursement cannot exceed 275/360 Euro (depending on your country), as defined by the European Commission; if your travel expenses are higher, you will not receive any reimbursement above the amount of 275/360 Euro (for example, if your tickets cost 300 Euro and you travel from Latvia, you will receive only 275); (4) the transfer of the reimbursement money to the bank account of the sending organization will be realized by the hosting organization within ONE MONTH after the documents have been received. The faster you send us the documents, the sooner you will receive your money :) (5) All tickets paid in other currencies than Euro will be calculated (converted) in Euro, and you will receive your reimbursement money accordingly.

4. Agrees she/he will respect the other participants, the trainers and experts, and the hosting organization, as well as the hotel staff. Everyone can share their opinion freely without using bad words :) This also includes respect for other cultures :)

5. Agrees she/he will behave responsibly regarding the properties of the hotel (and will required to pay for any damage, e.g. breaking a window).

6. Agrees to be instructed in detail about the safety regulations during the project and to observe these regulations.