YOUTH EXCHANGE

TOGETHER ROMANIA









Co-funded by the Erasmus+ Programme of the European Union

GENERAL INFORMATION

Title: YES for equality! Place: Traisteni, Romania Period: 20.05 – 27.05.2023, <u>but you should arrive</u> <u>on 19.05.2023 and departure on 28.05.2023!!!</u> Participants: 30 young people, 18-27 years old and 5 leaders (no age limit for the leader). Partners: Bulgaria, Poland, Slovakia, Turkiye and Romania.

ABOUT THE PROJECT



Gender inequality is a reality that women must face in their everyday life and Romanian society makes no exception from this situation. With 54.5 out of 100 points, Romania ranks 25th in the EU on the Gender Equality Index. Its score is 13.5 points below the EU's score. The other country partners involved in project are all above Romania but not too much (Lithuania 58.4, Slovakia 56.0, Poland 56.6), except Spain with 73.7 points which is among the highest scores in the EU (ranking third).

Having in consideration the current situation (local and national) and the EU Gender Equality Strategy, by this project, we invite different actors (local authorities, NGOs, youngsters) to put their "gender glasses" on and think critically of how they approach gender inequality and gender-based discrimination and how they can mainstream gender.

As well, will ensure that participants embrace the values necessary or the creation of a human rights culture, such as respect, solidarity, and non-discrimination as these are necessary prerequisites for gender equality.

The working methods will be based on nonformal learning. The methodology that will be used will include methods based on communication (interaction. dialogue, open discussions), methods based on activities (exchange of experience, practice and experimentation), methods focused on the social side (partnerships, teamwork, group activity) and self-knowledge methods (creativity, discovery, responsibility, action).

Each participant will receive at the end of the project the Youthpass Certificate.

Traisteni is a village in Prahova County, Romania, found on the main route between Wallachia and Transylvania, near to the Carpathians Mountains. From Bucharest to Traisteni is about 2 hours travel by train and bus.



ACCOMODATION

We will be accommodated in the comfortable Loussiana Inn. Each room has private toilet and shower. There is Free-Wi-Fi in the entire building. No need to bring towels or sleeping bags. Be prepare to be accommodated in a room with 2, 3 or 4 beds.

Please check the link for more information:

https://pensiunealoussiana.ro/

The page is in Romanian but you can use Google to translate and also, you can check out the pictures.



HOW TO REACH TRAISTENI

If you come by plane, there is only one nearest airport – Otopeni (Bucharest). This airport is very well connected with Campina (nearest town) thanks to trains, which run from the early morning to the late evening. The cost of the train from airport to Bucharest Nord is about €1 and from Bucharest Nord (same station) to Campina is about €7. From Campina rail station we will pick you up by car as a group, not individuals. If you travel by any other green means (train, bus, van), please ask us for the best advice. We advise you to buy tickets in advance if possible, mainly because the arrival day is on Friday and many students are using the trains, so you might not find a ticket. You can see the

https://www.cfrcalatori.ro/en/

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WHAT SHOULD YOU PREPARE IN ADVANCE

Please bring some typical food, drinks, national specialties, songs, brochures etc., to present your culture for the others during the intercultural evenings.

Please prepare some short funny activities (games, energizers, sport activities).

Good mood, positive attitude and enthusiasm. Please join the FB group of the project to have a better communication.

https://www.facebook.com/groups/467322718849908



timetable

CURRENCY

The Romanian currency is Leu (RON), 1 EURO is about 4.9 RON.

INSURANCE	The participants are required by Erasmus+		
	Programme to have valid travel insurance for the		
	whole period of the project including the travel		
	days or the European health insurance card.		

LANGUAGE The official language of the project will be English. All the workshops and sessions will be implemented in English.

FOOD REQUIREMENTS Apart of standard nutrition based on regional cuisine we are able to provide vegetarian, vegan food or special nutrition but you must consult with us before your arrival to the project if we are able to fill your needs.

COSTS AND TRAVEL REIMBURSEMENT

Food, accommodation and materials during the youth exchange are fully provided. The travel costs will be reimbursed as soon as you send us all necessary documents such as tickets and boarding cards. Travelling by taxi or first class tickets is ineligible and the costs will not be reimbursed.

For the travel reimbursement purpose participants must provide to the group leader their tickets, bills and boarding cards in electronic or physical form that includes price, connection description and name of participant (in case of flight tickets). For your plane ticket we will need also your boarding card for each single connection. All the documents need to be delivered in electronic version (PDF) or physical form. Even though you use the mobile app on your phone, download the PDF and send it to us. Because of accounting rules, we can NOT accept print screens from your phone.

The E+ Programme and Romanian National Agency require from participants to use the time and cost-efficient way of transportation. To ensure that obligation, we require from participants, before purchasing any plane ticket, to consult it with us. We expect to be informed about the chosen connection including time, date and price of your flight. The following information should be delivered to us (together_romania@yahoo.com) before you purchase your tickets. Before purchasing flight tickets, you have to receive our written confirmation. Otherwise, you risk your ticket will not be reimbursing.

In case participants want to come earlier or depart later from a project venue, they can only arrive 3 days before the youth exchange starting date and depart 3 days after the youth exchange end date, in order to still be eligible for travel cost reimbursement. In that case participants must cover their own expenses in those additional days (accommodation, food etc.) and consult this with the coordinator.

Travel reimbursement can be fully removed to the people who:

- do not take part in the whole length of the youth exchange,
- skip the workshops,
- repeatedly break the basic rules and not react to warnings or commit serious misbehaviour,
- do not contribute to the dissemination phase of the project.

NGO - Country	Number of participants	Travel reimbursement limit (per person)
YDCMA - Bulgaria	6 participants + 1 leader	180 (standard)/210 (green) Euro
EGSK - Turkiye	6 participants + 1 leader	275 (standard)/320 (green) Euro
STEP - Slovakia	6 participants + 1 leader	180 (standard)/210 (green) Euro
Grupa Dzialania - Poland	6 participants + 1 leader	275 (standard)/320 (green) Euro

The reimbursement will be done ONLY by bank transfer to your sending organization or group leader for entire group in one payment. After we made the bank transfer, each sending organization or group leader will give you the money related to your personal costs, but not more than the limits mentioned above.

QUESTIONS? CONTACT US

ALEXANDRU IORGA together_romania@yahoo.com +40 722 809 458

SEE YOU SOON IN ROMANIA, THE LAND OF DRACULA!

